# **Healthy Relationships Dating Game**

Need: 3 individuals to play the bachelors (or bachelorettes). Client asks the questions. The bachelors are qualities of relationships and goal is for client to identify the 'healthiest' relationship to choose and to identify 'red flags' in the other 'unhealthy relationships'. The bachelors do not have to be hidden as we're talking about quality of relationships.

## **Dating Game Questions with scripted responses**

1) What do you look for in a woman?

**Bachelor # 1**: I like a woman who is clean and knows how to cook. I like a woman who knows her place in life and sticks to that. She's got to be sweet and kind with me ALL the time no matter what I do.

**Bachelor # 2**: Oh, I don't have a type. Any kind of girl will be just fine with me.

**Bachelor # 3**: I like a woman who knows who she is, who is confident in herself no matter what others, including me think.

2) What would you describe as a 'perfect date?'

**Bachelor # 1**: I'd take my date to MY favorite restaurant and order all MY favorite foods so she could try them. Then we'd go do MY favorite activity, shooting pool so I could show her off to all MY friends.

**Bachelor # 2**: a perfect date would be doing whatever she wants to do. If she wants to go to an expensive dinner that would be fine with me. I'd have to make sure it would fall on a pay day so I could cash my check to make sure I had enough money. My budget is tight. I'd also have to make sure to bring my epi-pen in case she wants to eat seafood because I'm terribly allergic to seafood.

**Bachelor # 3**: Hmmm... well first I'd find out what kind of food she likes to eat then I'd make a reservation at a place we'd hopefully both like. Then maybe we could go do something fun together and get to know each other more.

3) What vehicle would best describe your personality?

Bachelor # 1: A Monster TRUCK

Bachelor # 2: A scooter.

**Bachelor # 3**: A hybrid SUV – Fun and can do challenging things, flexible too.

4) How do you make your girlfriend feel special?

**Bachelor # 1**: I like to let her know when she has done a great job cleaning the house or how much I like her cooking. I love to eat so a good cook is important to me. If she makes a delicious meal she'll certainly hear how much I love it!

**Bachelor # 2**: I always try to make her feel special all the time no matter what she does even if she's made me upset.

**Bachelor # 3**: My girlfriend is an important person in my life so I'd try to let her know how special she is whenever possible. It might be doing something like helping around the house, making a special dinner, or giving her flowers depending on what she likes.

5) What do you like to do for fun with your girlfriend?

**Bachelor # 1**: I like to know where my girl is ALL the time so we do EVERYTHING together, all the time. My friends are her friends and she'll always be with me when we are out.

**Bachelor # 2:** Whatever she wants to do is okay with me. I'll follow her every lead. Her interests are mine, if she likes to knit then I'll learn how to knit. If she wants to go out with her friends without me all the time, I'm okay with that too.

**Bachelor # 3**: It's important for us to have fun and do things together as a couple so we'd need to find things we both like to do. I like to hike and go to movies so hopefully she would be into that too. It's also important that we can do things on our own and with friends. There might be something we each like to do but the other doesn't. Like maybe she's into manicures and pedicures and I'm SO not, so she should be able to go do those things with her friends.

6) If you had to give yourself a nickname, what would it be?

Bachelor # 1: It would be BOSS. Because I'm large and in charge. Or THE MAN.

Bachelor # 2: Lil Okie Dokie, Pookie Boo, or Pubby

Bachelor # 3: Sugar Bear, Superman, Mr. Perfect, Love Muffin.

7) Who do you think should pay the bill for a dinner date?

**Bachelor # 1**: I' m an old school and in charge kind of guy. There is no way my girl is paying for anything on her own, ever. So I'll always be paying for the date or whatever we do – she doesn't have to worry about that.

**Bachelor # 2**: If she wants to pay she can pay or she wants me to pay then I'll pay. Whatever she wants, I'm okay with. She's the boss.

**Bachelor # 3**: I'm okay with it. I think it's nice for both of us to feel like we make whatever contributions we want to our dates and activities.

### 8) What are your best qualities?

**Bachelor # 1**: ambitious, Persuasive, Assertive, Influential, disciplined. I'm really good at being in charge and getting people to do what they need to do.

**Bachelor # 2**: Sympathetic, accommodating, helpful, takes direction well. My best quality is my flexibility and giving others what they want.

Bachelor # 3: Honest, sincere, open minded, inclusive, trustworthy and thoughtful.

## 9) How would you handle a fight or disagreement?

**Bachelor # 1**: If it was her issue I'd make sure she knew that. I don't like fighting at all so I'd be real clear about the expectations in our relationship. Sometimes I get mad easily and might say something I shouldn't – I try not to but I can't help it so she needs to understand that.

**Bachelor # 2**: Kind of like customer service – "she's always right." I'll do whatever I can to avoid problems.

**Bachelor # 3**: I don't like fighting but sometimes we will disagree. I'll do my best to listen to her side of things and try to see where she is coming from and to communicate where I am coming from so we can work it out.

#### **TIPS FOR FACILITATORS:**

(bachelor #1 - red flags for abuse or controlling relationship, bachelor #2 - submissive partner, bachelor 3 # - healthy relationship)