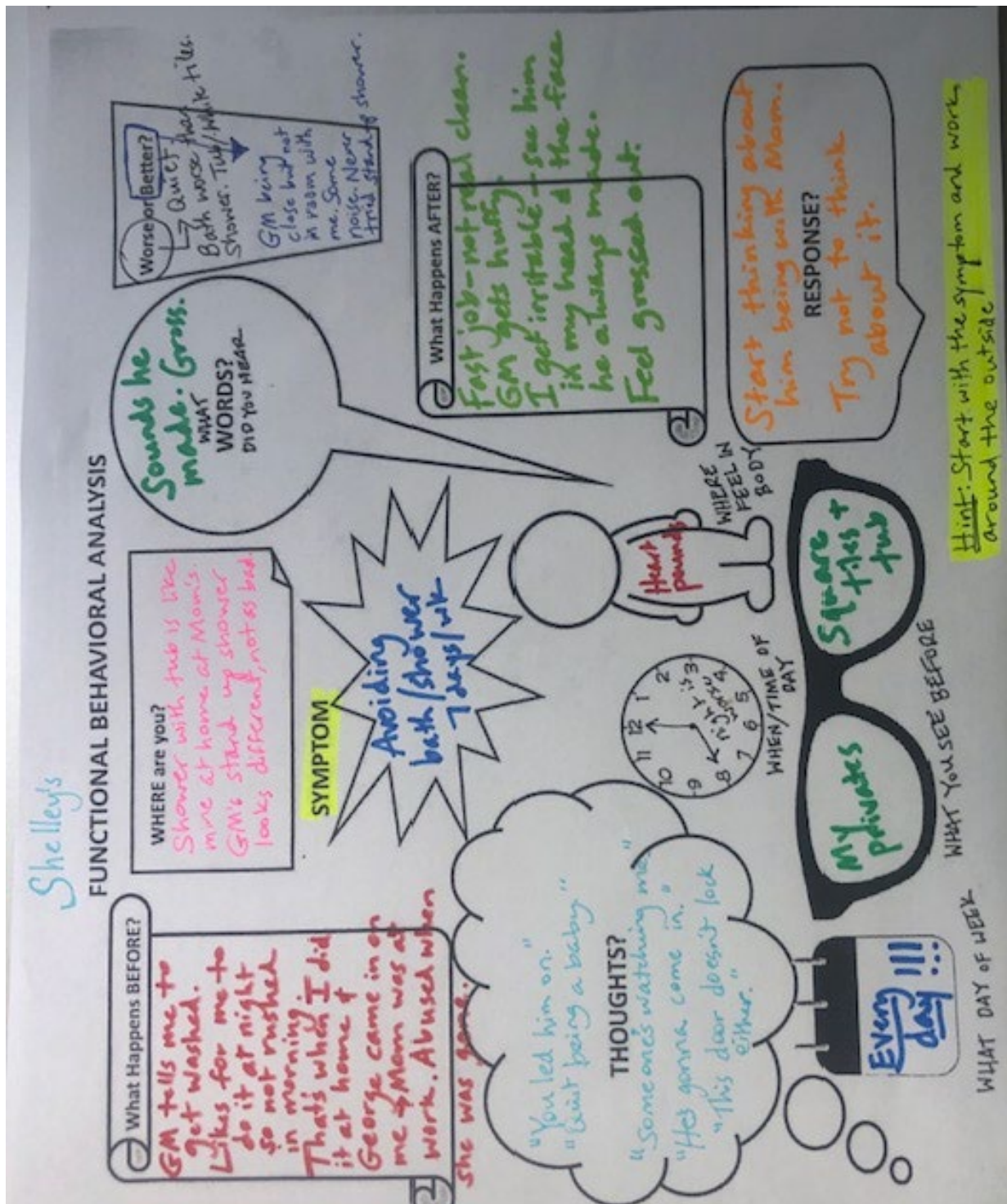


FBA Examples done individually with Shelley and her grandmother in separate contacts.

Both worksheets are available in your resource folders.



Shelly's GM

Targeted symptom: Avoiding bath/shower
7 days/week

Functional Behavioral Analysis with Caregiver

What gets the symptom started and what keeps it going?

- What triggers the symptom? Showering. Offered sponge baths - didn't help. Says she doesn't want to use tub.
- What drives the symptom? Reminds her of George watching her. OK, using bathroom at school & home. Says I make her think of him by asking her to get clean. Discuss it a lot.
- What perpetuates the symptom? How do you and others respond? Quit saying anything - feel sorry for her + don't want to fight her. Friends tease her. Occasionally lose my temper.
- What diminishes the symptom? ??? Haven't found anything.
- What's happening in the environment? Nothing. "Try to keep things calm and quiet because winding down for the night."

- What strategies does your child have to stop or tolerate the symptom? How do you reinforce use of these skills? Deep breathing works for other stuff. I talk to her about how important hygiene is. Tell her to do her coping but we don't do it together.
- How can the caregiver use his/her role to structure the environment for success? Didn't happen at this house. Realizing I'm talking too much. She might work for music. She likes my old records: Motown.

Hint: Time of day, sensory cues, anything GM could switch up in the environment?