

Posttraumatic Stress Disorder DSM5 for Children 6 and Younger

- A) The person was exposed to death or threatened death, actual or threatened serious injury, or actual or threatened sexual violence (note no A4 for this age)
- B) Intrusion (1) (age 7+)
 - 1. Intrusive thoughts (might be play)
 - 2. Nightmares
 - 3. Flashbacks
 - 4. Emotional distress after exposure to traumatic reminders
 - 5. Physical reactivity after exposure to traumatic reminders
- C) Avoidance or Negative Thoughts (1)
 - 1. Trauma-related thoughts or feelings
 - 2. Trauma-related reminder
 - 3. Substantially increased negative emotional states
 - 4. Diminished interest in significant activities
 - 5. Socially withdrawn
 - 6. Decreased expression of positive feelings
- E) Arousal and Reactivity (2)
 - 1. Irritability or aggression
 - 2. Hypervigilance
 - 3. Exaggerated startle reaction
 - 5. Difficulty concentrating
 - 6. Difficulty sleeping
- F) > 1 Month
- G) Distress or Impairment

PTSD: National Center for PTSD. (n.d.). Retrieved February 08, 2017, from http://www.ptsd.va.gov/professional/PTSD-overview/dsm5_criteria_ptsd.asp

