



Internet Safety Resources

List Compiled by TFCBT Master Trainers

1. Harborview Center for Sexual Assault website and RAINN website. Both have materials on internet safety for teens and their caregivers.

2. Here also is the link to the Staying Safe While Staying connected fact sheet by our NCTSN Child Sexual Abuse Workgroup...realize it is only a single doc., but it has at least one additional link in it

http://www.nctsn.org/sites/default/files/assets/pdfs/staying_safe.pdf

3. If you go to the sexual abuse resources section on the NCTSN pages of the child sexual abuse work group there are additional links, so for example the link below is from that page from Prevent Together, the internet and media article cited also has research data and other links like those Lucy just noted imbedded.

<http://www.preventtogether.org/Resources/Documents/Impact%20of%20Media%20and%20Technology%20on%20Youth%202013.pdf>

4. Crimes Against Children Center. Lots of excellent and true info re internet based crime. As well as the attached link to a fact sheet.

http://www.unh.edu/ccrc/internet-crimes/safety_ed.html

5. My favorite for internet safety is <http://www.netsmartz.org/>. This offers resources for teens, caregivers, educators, etc.

The tip sheet page is particularly useful

(<http://www.netsmartz.org/TipSheets>)

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--with lots of downloads available in English and in Spanish.

6. [NSTeens.org](http://www.nsteens.org) - Making Safer Choices Online



7. I like to use these resource guide created in the UK for some safety enhancement sessions. It shares risks of sexual exploitation and internet safety in a very colorful book. I have attached some of the resources here.

There is also some more videos and resources on their website:

<http://www.barnardosrealloverocks.org.uk/>

Just a caveat—In the B Wise 2 Sexual Exploitation has some more graphic photos so I typically use them with teenagers only and talk with parents beforehand as appropriate.

8. I was reminded of a great short piece on NPR just today re: social media and teen depression (particularly in girls) and some recent past stories on the same topics. I have used these stories in the past with parents in session since I can pull them right up (podcasts as well), they are brief, engaging, several have 1st person accounts. Anyway... several have actual research noted as part of the stories!

Here is the link to several recent ones...

<http://www.npr.org/search/index.php?searchinput=teens+and+social+media>

9. Here is another great resource for parents on internet safety, privacy, and other relevant topics that may be helpful...

<https://www.common sense media.org/privacy-and-internet-safety>

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