

1. If fairly recent I would look through some of the PFA material for each age group to see if any of the material can be adapted. Post Katrina and tornadoes, we have learned the benefits of developing and having the family rehearse safety plans early in treatment. This helped some decrease anxiety enough to engage in TF-CBT. It would be helpful to know the age/developmental age of the child and his/her proximity to the threat.

2. In terms of using the A Terrible thing happened book.... We have done this and replaced the terrible thing vocabulary with the specific Trauma. If they are very young children who do not read, they will not notice the change. If the child is a reader this can be explained as a special book that helps us learned about their specific type of trauma and the child can help to change the words when the specific picture is shown or the specific word is found. I will be happy to explain more about fun ways to change it.

3. I did recommend A Terrible Thing Happened and to consider doing some safety planning up front. I was hoping maybe there was some specific resources that I wasn't familiar with.

I will look more closely at some of the PFA materials. I also suggested that they make a specific version of What Do You Know card game on index cards. Also suggested making an information sheet based on stats from Bureau of Justice -hoping to convey ideas like houses are randomly picked, violent home invasions are not that common so not likely to experience it again. Adding things you can do to enhance future safety, etc.

There is even a website called Home Invasion.com that sells security items. I suppose I might add extra door locks etc after a home invasion as well, but I'm not sure how I feel about a website, especially one that sells very expensive equipment like shatter proof Windows.