You cannot tell by looking at a person that they have been emotionaly abused. PROOF

Children/adolescents who have been emotionally abused never feel angry. PHONY

ACTUALLY

It is very common to feel angry, afraid, guilty, sad, ashamed, etc.

Source: Deblinger and Stauffer (2004), as cited by The North Carolina Child Treatment Program, Advanced Training Institute (2011)

Source: Deblinger and Stauffer (2004), as cited by The North Carolina Child Treatment Program, Advanced Training Institute (2011)

Children and adolescents do not tell about abuse because they enjoy keeping secrets. PHONY

If you have been abused, it is important to keep telling someone until they listen and get help. PROOF

ACTUALLY

Perpetrators may tell a child or adolescent to keep it a secret. They may also use tricks to keep the person from telling, such as blaming the child/adolescent or threatening that something bad could happen to them or their family. Sometimes kids keep it a secret because they feel ashamed, embarrassed or scared.

Source: Deblinger and Stauffer (2004), as cited by The North Carolina Child Treatment Program, Advanced Training Institute (2011)

Source: Deblinger and Stauffer (2004), as cited by The North Carolina Child Treatment Program, Advanced Training Institute (2011)

Sometimes children/adolescents who have been abused may feel sad, isolate themselves and want to be alone; while other times they may feel afraid to be alone.

PROOF

Emotional abuse is defined as a pattern of behavior by parents or caregivers that can seriously interfere with a child's

cognitive, emotional, psychological, or social development.

PROOF

Source: Deblinger and Stauffer (2004), as cited by The North Carolina Child Treatment Program, Advanced Training Institute (2011)

Source: American Humane Society,

There is only one reason abuse occurs. PHONY

ACTUALLY,

There is no reason that justifies abuse. It is very hard to know the reason why it happens to any child/adolescent. IT IS NEVER THE CHILD/ADOLESCENT VICTIM'S FAULT

Source: Deblinger and Stauffer (2004), as cited by The North Carolina Child Treatment Program, Advanced Training Institute (2011)

Even though it is stressful, emotional abuse does not really damage intelligence, memory, moral development, attention or imagination.

PHONY

ACTUALLY,

It can damage the creative and developmental process in those areas.

Source: The Journal of Adolescent Psychiatry

Emotional abuse accounts for approximately 7% of all reported cases of abuse. PROOF

Source: National Child Protection Clearing House

Children and teenagers do not usually have trouble in relationships after experiencing ongoing emotional abuse.

PHONY

ACTUALLY,

Childrens and adolescents who have been emotionally abused typically have difficulty forming relationships, keeping them, and forming attachments.

Source: The Journal of Adolescent Psychiatry