

Parental Substance Abuse Easter Egg Hunt or Egg Race for Jelly Bean

– Created by Cindy Austin

Directions: Cut each into strips and place in plastic eggs and either have CG hide them or race with them on a wooden spoon for a jellybean:)

Other site for additional info to add to questions:

<https://www.childwelfare.gov/pubPDFs/parentalsubabuse.pdf>

T/F: One in Five American Children Live in Homes with Parental Substance Abuse

T/F: Neglect: √ Unavailable emotionally (significant relationship is with substance) √ Unavailable physically (periods of abandonment) √ Inconsistent in parenting, never know what to expect. √ Parentification of the child, child manages the home/siblings √ Disconnect from other healthy resources in family and community.

T/F: Abuse: √ Physical and sexual abuse directly by the parent/other family member or “friend” of the family. √ Creating dangerous events that could harm the child directly ie drinking and driving, criminal activity, excessive rage and violence.

T/F: 60% of American adults indicate they have experienced abuse or other difficult family circumstances during child hood.

T/F: 26% of children in the US will witness or experience a traumatic event before the age of 4

Answer: How would someone at your school know if a classmate has experienced trauma?

T/F: With TF-CBT kids get to feeling better at or above 80% reduction of their monitored trauma symptoms.

T/F: Children do not show signs or symptoms they have been exposed to trauma?

Answer: List 5 examples of ways a child may express their response to a trauma trigger?

Answer: Describe the Snake and the Stick. How does it relate to trauma?

T/F: Is living in a home where drugs were sold and parents abused drugs and or alcohol an example of trauma?

T/F: When a child has adverse experiences – loss, threat, neglect, and injury – there can be disruptions of neurodevelopment (brain development) leading to compromised functioning.

Answer: Where in our brain are the rescuers ie. (flight, fight, or freeze)? Where is the 'CEO'?

T/F: It's imperative to have caregiver actively participate because although the trauma may not be their fault they are a critical KEY to healing.

Answer: List four ways children who have been exposed to substance abuse and neglect may feel.