

Hi, Everyone, I wanted to recommend a book I heard this weekend. It's called You Are Special by Max Lucado.

It's a good book for helpful/unhelpful thoughts. You could also use it with kids in foster care or kids who "carry labels" or in future development. I think there are multiple ways to use the book in multiple components.

It does not have an explicit reference to God but definitely has overtones about a Creator and unconditional love and a smart kid would pick up on that but I think you could make it work with families of almost any faith or religious beliefs.

If you get it and have other ideas I would love to hear them.