

TRAFFIC LIGHT EXERCISE

Parent(s): _____

Day of Week: _____

Explain the circumstances (What happened?)

What do the behaviors tell you
about his/her needs? (safe,
capable, lovable)

How do you know which color your child is on?
(Behavioral Observation)

What can you do when on yellow
to prevent him/her going to red
and guide him/her back to green?

		