

<p>Witnessing domestic violence means only seeing it.</p> <p>Fiction</p> <p>Witnessing can mean SEEING violence. It can mean HEARING threats or fighting noises from another room. It can mean that children OBSERVE the aftermath of physical abuse such as blood, bruises, tears, torn clothing, and broken items.</p>	<p>The emotional responses of children who witness domestic violence may include fear, guilt, shame, sleep disturbances, sadness, depression, and anger</p> <p>Fact</p>
<p>Domestic violence is a “loss of control.”</p> <p>Fiction</p> <p>Violent behavior is a choice. Perpetrators use it to control their victims. Domestic violence is about abusers using their control, not losing their control.</p>	<p>Children who have witnessed domestic violence may have stomachaches and/or headaches, wet the bed, and lose the ability to concentrate.</p> <p>Fact</p> <p>These are very common physical responses.</p>
<p>One in ten children in the U.S. are exposed to domestic violence, and the majority of them are under six years old.</p> <p>Fact</p>	<p>Children never get over witnessing domestic violence.</p> <p>Fiction</p> <p>Children may never forget what happened but with treatment, they can go on to have normal lives and healthy relationships.</p>
<p>You can tell by looking at someone if they will be violent.</p> <p>Fiction</p> <p>You can't tell by looking at someone if they will be violent. BUT, if a person has hit once in a relationship, they are likely to do it again.</p>	<p>Children who have witnessed domestic violence might feel guilty and that it is their fault.</p> <p>Fact</p> <p>Domestic violence is never a child's fault. The person who chose to be violent is the one at fault.</p>
<p>Children often have mixed feelings about the person who is being violent, esp. if they are a parent.</p> <p>Fact</p> <p>They might feel confused because they feel anger, love, fear and respect at the same time for the same person.</p>	<p>Parents should not talk to children about domestic violence. They won't understand anyway.</p> <p>Fiction</p> <p>Talking to children about domestic violence helps to break the cycle. Sending a clear message that it is unacceptable and teaching them non-violent ways of resolving conflict is very important.</p>