

I have used " a Safe Place to Live, The Day My Daddy Lost His Temper, and a Terrible Thing Happened. I use a terrible thing happen if I'm not sure exactly what the kid saw just to stay neutral and give the kid an opportunity to tell me.

My favorite activity is inside/ outside hurt with either a gingerbread person or a paper bag. Have the kid draw and cut out heart shapes and rectangles. On the heart shapes we talk about ways that the partner scares the other partner or hurts their feelings(things like intimidation, threats, throwing things, yelling, name calling). On the rectangles we talk about ways the hurting happens on the outside (physical, sexual, whatever the experience is for the kid). Then the kid glues the rectangles on the outside of the figure and the hearts on the inside. If you use a brown sand which bag you can have the kid draw the figure on the outside and glue the rectangles then have the kid put the hearts on the inside. I like this because it is very interactive and very little kids usually get it quickly. I usually read the book then do the activity. I also incorporate Socratic questions during the discussion.