Timmy gets a time out and he feels really mad. He tells his dad he hates him.	A boy fails his math test and says, "I'll never be good at math!"
A kid is rollerblading but doesn't put on kneepads. He falls and skins his knee.	A kid wants to go fishing but his dad has to work today. The kid feels disappointed and thinks that he'll never get to go.
A kid drops his lunch and smashes his sandwich. He thinks, "Now it will taste yucky." What should he do?	A clown visits a girl's class. They play tic-tac-toe. The girl loses. She thinks, "I hate clowns. I hate tic-tac-toe. I can't even beat a stupid clown."
Look for the rainbow.	
What can I learn from this?	A boy plays the drums. His little sister drools on his drumsticks. He thinks, "Great, now I have her cooties and I can't play the drums!"
Is that really true?	
What can I do next time?	
Is that helpful?	
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What is helpful?	
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