

Client: _____

Clinician: _____

Date: _____

Scoring for the Alabama Parenting Questionnaire Form For Ages 6-18

Parental Involvement: 1, 4, 5, 7, 9, 11, 14, 15, 20, 21, 23, 26

Positive Parenting: 2, 5, 13, 16, 18, 27

Poor Monitoring/supervision: 6, 10, 17, 19, 21, 24, 28, 29, 30, 32

Inconsistent Discipline: 3, 8, 12, 22, 25, 31

Corporal Punishment: 33, 35, 38

Other Discipline Practices: 34, 36, 37, 39, 40, 41, 42

Parental Involvement (10 items): Higher Scores mean **better** parent involvement (higher scores are “good”)

Items on Parental Involvement and Positive Parenting Scale	Score
1. You have a friendly talk with your child.	
4. You volunteer to help with special activities that your child is involved in (such as sports, boy/girl scouts, church youth groups).	
7. You play games or do other fun things with your child.	
9. You ask your child about his/her day in school.	
11. You help your child with his/her homework.	
14. You ask your child what his/her plans are for the coming day.	
15. You drive your child to a special activity.	
20. You talk to your child about his/her friends.	
23. Your child helps plan family activities.	
26. You attend PTA meetings, parent/teacher conferences, or other meetings at your child's school	
Total Score	
Average (total score divided by the 10 OR the # of items completed)	

Positive Parenting (6 items): Higher Scores mean greater utilization of positive parenting strategies (higher scores are ‘good’)	
2. You let your child know when he/she is doing a good job with something.	
5. You reward or give something extra to your child for obeying you or behaving well.	
13. You compliment your child when he/she does something well.	
16. You praise your child if he/she behaves well.	
18. You hug or kiss your child when he/she had done something well.	
27. You tell your child that you like it when he/she helps out around the house.	
Total Score	
Average (total score divided by the 6 OR the # of items completed)	

Poor Monitoring/Supervision (10 items): Higher Scores mean **less** monitoring and supervision (higher scores are 'bad')

Items on Poor Monitoring/Supervision Scale	Score
6. Your child fails to leave a note or to let you know where he/she is going.	
10. Your child stays out in the evening past the time he/she is supposed to be home.	
17. Your child is out with friends you don't know.	
19. Your child goes out without a set time to be home.	
21. Your child is out after dark without an adult with him/her.	
24. You get so busy that you forget where your child is and what he/she is doing.	
28. You don't check that your child comes home at the time she/he was supposed to.	
29. You don't tell your child where you are going.	
30. Your child comes home from school more than an hour past the time you expect him/her.	
32. Your child is at home without adult supervision.	
Total Score	
Average (total score divided by the 10 OR the # of items completed)	

Inconsistent Discipline (6 items): Higher Scores mean **greater use** of inconsistent discipline

Items on Inconsistent Discipline Scale	Score
3. You threaten to punish your child and then do not actually punish him/her.	
8. Your child talks you out of being punished after he/she has done something wrong.	
12. You feel that getting your child to obey you is more trouble than it's worth.	
22. You let your child out of a punishment early (like lift restrictions earlier than you originally said).	
25. Your child is not punished when he/she has done something wrong.	
31. The punishment you give your child depends on your mood.	
Total Score	
Average (total score divided by the 6 OR the # of items completed)	

Corporal Punishment (3 items): Higher Scores means **greater use** of corporal (i.e., physical) punishment strategies (higher scores are 'bad')

Items on Corporal Punishment Scale	Score
33. You spank your child with your hand when he/she has done something wrong.	
35. You slap your child when he/she has done something wrong.	
38. You hit your child with a belt, switch, or other object when he/she has done something wrong.	
Total Score	
Average (total score divided by the 3 OR the # of items completed)	

Other Discipline Practices (7 items): DON'T average these! These are individual items.

Items on Other Discipline Practices Scale	Score
34. You ignore your child when he/she is misbehaving.	
36. You take away privileges or money from your child as a punishment.	
37. You send your child to his/her room as a punishment.	
39. You yell or scream at your child when his/her has done something wrong.	
40. You calmly explain to your child why his/her behavior was wrong when he/she misbehaves	
41. You use time out (make him/her sit or stand in a corner) as a punishment	
42. You give your child extra chores as a punishment.	

Alabama Parenting Questionnaire Revised Summary Table

Subscales/Domains	
Parent Involvement and Positive Parenting	
Poor Monitoring/Supervision	
Inconsistent Discipline	
Corporal Punishment	