

Draw me a picture with your words

What did you hear?



What did you see?



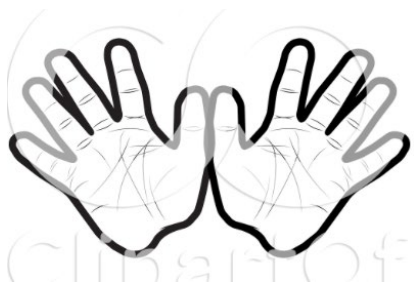
What did you taste?



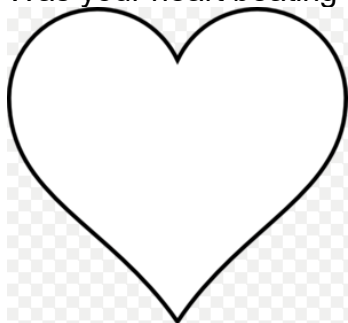
What did you smell?



What did you feel with your skin?



Was your heart beating fast or slow?



Were your muscles tight or relaxed?



Was your stomach smooth or jiggly?



What was your brain saying?

