



Determining Appropriate TFCBT Cases

Answer these questions:

Basic info:

- First name (real or fake - if you can remember it):
- Age (must be between 3 & 18):
- Gender:
- Current/primary caregiver:
- Siblings:
- Birth Order:
- Living Situation/Placement History:
- Who is the identified caregiver(s) who will be involved in sessions weekly?

Trauma History:

- Does the child have a clear memory of the traumatic event? (Required for TFCBT)
- Was the trauma history substantiated (more likely than not) or has there been independent corroboration?
 - Note: Cases where we “think something happened to this child, but don’t know what” are not appropriate for TFCBT.
- Give as much detail about the trauma as possible based on what you know. (You will get more information after administering the UCLA.)
- Does the child meet full criteria for Conduct Disorder or a psychotic disorder?
 - If yes, please provide comprehensive details.
- Provide as much information as you currently know about the child’s trauma symptoms.
- How was the child functioning before the trauma?

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- Any sexual behavior problems? If so, describe.
- Contact with the identified offender?
- Treatment History/Previous diagnosis?
- Self-injury?
- Substance use? (parent and/or child)
- Prenatal exposure to alcohol or drugs?
- Academic functioning?
- If in foster care:
 - Why?
 - Relationship with family?
 - Visits with family?
 - How long have they been in care?
 - How many placements have they had?