101 Phrases of Praise

I love you.	You're great.	************* Great job.	Terrific.
Thanks so much.	Super work.	Outstanding.	I'm so proud of you.
Fabulous.	Perfect.	You're getting there.	Wonderful.
You make me happy.	You're special.	Lean on me.	Thanks for helping.
You can do it.	Excellent.	You're super.	Great smile.
That's a great idea.	You're the best.	Way to go.	Good for you.
You're delightful.	You did it.	Right on.	Great.
Thanks for sharing.	Looks good.	Marvelous.	I trust you.
You're getting better.	Fantastic.	You deserve a star.	You've improved.
Very good.	I'm impressed.	Exceptional.	You're an angel.
You're fun.	Thanks for caring.	You're a big help.	You're very responsible.
You're a real pal.	You're a super listener.	You're a joy.	You're tops.
You're considerate.	Nice work.	You're a gem.	Dynamite.
Hurray for you.	I listen to you.	You're on your way.	You've made progress.
You're neat.	You're a champ.	Beautiful.	Great imagination.
You'll get it.	Keep up the good work.	You're very brave.	You're special.
Good sport.	Sounds great.	You've got what it takes.	You're #1.
How clever.	How thoughtful.	How original.	You're on the mark.
You're a real friend.	You're the greatest.	I've got faith in you.	Keep trying.
Much better.	Well done.	I support you.	Thanks for being honest
Great idea.	How artistic.	What careful work.	Exceptional.
Very nice of you.	I like you.	That's neat.	Great try.
You've got it now.	Wonderful imagination.	You're right.	You're sweet.
Great answer.	You've got heart.	Delightful idea.	You deserve a kiss.
You brighten my day.	Super job.	You're so smart.	What a great kid.
You're such a smart kid. (*******		**************************************	

Praisable Behaviors

Sitting still.	Sitting up like a big girl/boy.
Staying at the table.	Artistic (good at drawing).
Helping you.	Accepting help from you.
Playing gently or carefully with toys.	Being patient.
Having a good imagination.	Trying hard.
Doing something by himself/herself.	Doing a good job.
Letting you play with him/her.	Putting toys away.
Having good ideas.	Sharing toys.
Knowing something (ABS's colors, etc.)	Playing quietly.
Good manners (using please/thank you)	Good building.
Paying attention.	Talking with a normal voice.
Listening carefully.	Taking turns.
Working very carefully.	Looking at you when you talk.
Following directions.	Helping you with your blocks, legos etc.
Waiting for their turn.	Using "please" when asking for something.
Putting toys away.	Waiting for you to finish talking.
Playing with toys correctly.	Saying "Thank you."
Asking politely for what they want.	Minding.
Cleaning up after they're done play- ing.	Being persistent.

Adapted From: Parent-Child Interaction Therapy by Hembree-Kigin, T. & Bodiford McNeil, C., 1995.

Harborview Center for Sexual Assault and Traumatic Stress 03

Praise Homework

Friday	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
u	#1 Phrase					
#2 Phrase						
#3 Phrase						
#4 Phrase						
#5 Phrase						
#6 Phrase						
#7 Phrase						
#8 Phrase						
#9 Phrase						
#10 Phrase						

For help – review your 101 Phrases of Praise and Praisable Behaviors Handouts for Session #1 Bring homework back to next session