

**Sexual Abuse:**

- Safe people
  - Telling again and again
  - Getting away
  - Confident walking
  - Secrets and surprises
- Teach assertive communication
  - Saying no
  - Calling 911 or other authorities
- Assessing internal and external environment

Uh-oh feeling/smoke alarms/spidey sense

**DV:**

Play mat with floor plans: don't be in room where fighting, kitchen and bathrooms danger spots, App: practice 911 app, When you would call 911, teach physical and emotional safety - hide in room, put on music, someone call and ask help; how to get out of house (key for front door, who go to), how know dad will go off from facial expressions.