

Suicide Resources

Rosa sent the attachment to me ages ago and I finally read it! I think it is really helpful. The booklet recommends two websites and they are both really good. Interestingly, the one that has the best stats has a weird name: <http://www.suicidology.org/resources/facts-statistics> I thought it was cool because it breaks the stats down by state, age, and gender and some really good infographics-

The other site mentioned is:

<https://afsp.org/>