Who is my 'Safe Person'?

Checklist

Put a check mark for each 'Yes' answer.

____Is this person an adult?

____Do I feel comfortable with this person?

_____Will this person be able to help me when I need it?

____Does this person listen to me?

_____Is this someone I respect and respects me?

____Will this person not gossip about me?

____Is this a person I can trust?

If you have a check mark by all of these questions. . .

You have a 'Safe Person'!

_____'s 'Safe Person' is ______