

Childhood Accident Questions for Psychoeducation

https://www.cdc.gov/safechild/child_injury_data.html

Use these questions for Psychoeducation, add in the trauma type for each question, and add in any abuse-specific or child-specific questions to (1) make sure all relevant psychoeducation topics are covered and (2) learn more about how the child/adolescent views their experience.

What are some examples of childhood **accidents**? **How might this happen to kids?**

Aftermath, reminders like fire trucks, ambulances, police

Injuries due to **falls** were the leading cause of nonfatal injury. Each year, approximately 2.8 million children had an initial emergency department visit for injuries from a **fall**. For children less than 1 year of age, **falls** accounted for over 50% of nonfatal injuries.

Why don't people talk about it when this happens in their family? Reminds everyone

How do kids feel when a sibling has been harmed in an accident? Worried, scared, unsafe around anyone.

Can you think of reason someone might say someone else did it? Dream, sleepwalking, brain might not be working right, embarrassed/scared they might die

How many kids do **accidents** happen to? What kinds of kids do **accidents** happen to?

What kinds of worries do kids who've been through **accidents**? What do they think about? **Might happen again, hearing about another accident reminds them on one they have been through, place it happened**

What are some common things that kids do after they/siblings been through **accidents**?

How can you tell if another kid has been through **accident**? **Might not want to go places away from their parents, scar, cuts**

When people can tell that you've experienced an accident, how might they treat kids differently? Not ask you to go places with them, bully or be extra nice,

What happens to kids whose siblings have experienced **an accident**, when they grow up?

What are some reasons that some kids **don't want to explain what happened to their sibling?** **Might feel protective, worried about their sister, extra protective about own kids, might be calmer when accidents happen - at least it's just this; gratitude, extra close to that sister growing up**

What are some things that a kid could do if s/he wanted to get help with **feeling fearful?**
Could talk to a friend, therapist, acupuncture, doctor.

Whose fault or responsibility is **this type of injury**? If nobody did it, no one's fault/ only if someone purposely did it.

Why do **accidents** happen?

Could be your medicine, could be you wanted to hurt yourself, could have been dreaming

What kind of help is there for parents/caregivers whose children were hurt in accident?

Therapy, acupuncture, talk to friend, doctor

When adults do **not like talking about accidents** does it mean that they hate kids / are angry at the kids?

What might it mean?

It might scare them, just means they might have the same feeling, worry talking about it might remind them.